

### **Report on International Athletics Day Celebration (7.5.25)**

On 7<sup>th</sup> May 2025, International Athletics Day Celebration was organized by the Department of Physical Education in collaboration with the Institution's Innovation Council (IIC). International Athletics Day was observed and celebrated with great enthusiasm and energy. The event was held on the college ground and witnessed active participation from both boys and girls in various track and field events. The day aimed to promote physical fitness, healthy competition, and the spirit of sportsmanship among students.

The programme was meticulously planned and organized under the able guidance of **Sri Asit Tarafdar**, the Head, Department of Physical Education. His efforts ensured that the event was conducted smoothly and efficiently, creating an engaging and spirited atmosphere for all participants and spectators.

The main events of the day included the **100-metre sprint, long jump, and shot put throw** for both boys and girls. Each event drew enthusiastic cheers from the audience and highlighted the athletic talents of the students. The sprint event was particularly exciting, with some close finishes that kept everyone on the edge of their seats. The long jump and shot put showcased the strength and agility of the participants. Faculty members, students, and non-teaching staff all joined in making the celebration a grand success.

The event not only emphasized the importance of athletics in student life but also strengthened the bond among students through healthy competition. Majida College looks forward to continuing this tradition in the years to come.

#### **Objective:**

To inspire fitness, teamwork, and discipline through engaging athletic events and inclusive participation.

#### **Benefits:**

Boosts physical fitness, promotes sportsmanship, enhances mental health, and fosters unity among students through active participation and celebration.

**Number of Participants: 57**

#### **Video URL:**

<https://www.instagram.com/reel/DJX2E8jyNTU/?igsh=MWRnb2NoZXFiMXFkeg==>

#### **Geotagged Photos:**





